

6. MYC JUNIORS

6.1. INTRODUCTION

The club is committed to introducing new sailors to the sport and supporting their development. The junior's program is for 8-16-year-old from novices to experienced racers with the provision of qualified instructors.

MYC's commitment to making sailing accessible to all has resulted in our unique "Club owned fleet". Our fleet of training Optimists, Pittwater Juniors, Manly Juniors, Flying Elevens and BIC Sports boats are available to junior members providing a very cost-effective entry point to the sport.

The cost of providing this program on a commercial basis is prohibitive and the MYC program is only sustainable because we rely on parents volunteering their time and skills. Hence only kids whose parents are prepared to volunteer are allowed to join.

PARENTAL ASSISTANCE IS A MANDATORY REQUIREMENT OF PARTICIPATION IN THE PROGRAM.

6.2. JUNIOR BOATS SAILED

MYC supports six classes of sailing dinghies:

	<p>The training Optimist is a robust and stable option for our least experienced sailors. This international class provides the ideal platform to get sailors as young as 8 out on the water where our coaching team can help them develop confidence and basic skills.</p>
	<p>Unique to Sydney, the Pittwater Junior is a single-handed dinghy which requires modest experience to participate but rewards more skilled sailors with superb handling in all conditions. Highly manoeuvrable and a great upwind performer, PJ's make for competitive racing.</p>
	<p>Open BIC is an international class of high performance single-handed dinghies. Ideal for experienced sailors in the 30-65kg ranges, the BICs are an established and competitive racing fleet and provide the ideal platform for sailors to develop their skills.</p>
	<p>The Laser 4.7 is based on a standard Laser hull fitted with a smaller sail and amended mast. Suited to highly experienced sailors with minimum of 45kg, the Laser 4.7 is mostly sailed by teenagers.</p>
	<p>Manly Junior. This iconic native of Manly Cove is a nationally recognised class sailed by several clubs throughout Australia. With a full rig complement comprising Main, Jib and Spinnaker, the MJ has helped develop the skills of numerous Olympic Champions and an Americas Cup winner!</p>
	<p>Flying 11. Another Australian design this high-performance sailing boat is ideally suited to teenagers and is a natural transition from junior dinghies to a range of senior international classes.</p>

6.3. CLUB-OWNED BOATS

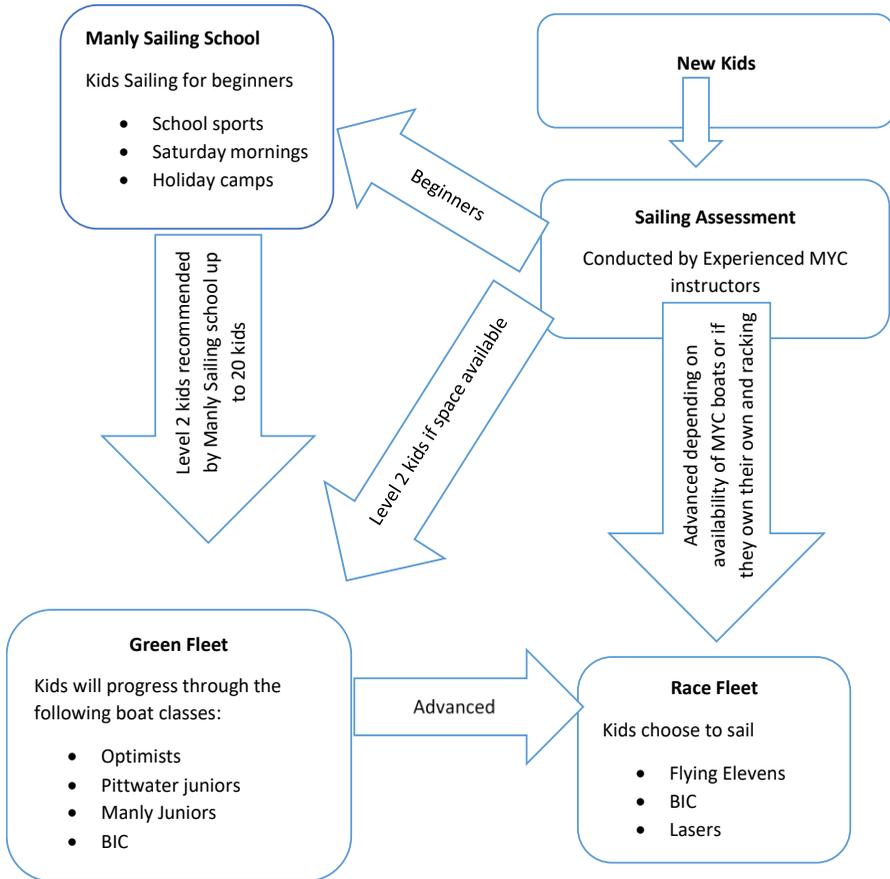
MYC recognises the dilemma facing most parents when they want their kids to try sailing. It is expensive to buy a boat and if the child decides they don't want to continue then it has to be sold. The club has solved this problem by buying fleets of Optis, PJs and BICs that can be used by the school and the club. Kids enrolled in the school use the club boats and its usual for kids moving into the club fleets to use of the boats for about a season.

Those kids who have been sailing club boats for the longest will be asked to buy their own boat in order to make way for new comers.

6.4. PRIVATELY-OWNED BOATS

The club encourages families to buy their own boats and has some boat storage available. Usually there is no need for kids to buy OPTIs or PJs because they will have graduated from them within a season. There is storage available for BICs and Lasers and the club is actively seeking more space to store privately owned F11s.

6.5. SAILING PATHWAYS AT MYC



Explanatory notes

Manly Sailing: Manly Sailing is an independent school and sub tenant of Manly Yacht Club. It teaches all ages but has a focus on juniors and is affiliated with the Australian Sailing’s “Start Sailing Levels 1 and 2”.

New Kids: These are kids that haven’t completed any of the Manly Sailing courses.

Beginners: Beginners are kids who haven’t completed Level 2.

Advanced: Have completed Level 2 and are capable of racing a course.

Green Fleet: Have completed level 2 and are learning more about sailing. They will have time in every class including both single and two-handed boats.

Race Fleet: Here kids can choose their preferred boat and if appropriate position as crew or skipper.

6.6. NEW RECRUITS

New recruits to our Green Fleet and Racing Fleets usually come from Manly Sailing School. Those who apply to join our program but who have not been students of the school are known as outside kids.

Manly Sailing recommendations

The Green Fleet relies on Manly Sailing to recommend outstanding students to its ranks. Twice a year in May and again in January the school makes these recommendations and they usually fill any vacancies.

New Kids

If there are vacancies within the Green Fleet that haven't been filled by Manly Sailing graduates the club will consider applications from New Kids. Applications to join our racing fleet will also be considered. However, factors such as their ability and experience, availability of club boats or racking for privately owned boats will need to be considered before the application can be accepted. All new kids will need to undertake a sailing assessment conducted by our more experienced instructors who will recommend them to the Sailing School, Green Fleet or Race Fleet as appropriate.

6.7. PARENTS INDUCTION COURSE

All parents have to complete an induction course before their children commence sailing. The course usually takes about an hour and explains how the club works, what is required of parents and how the roster is set up.

6.8. JUNIORS PRE-REQUISITES

All Juniors must:

- Be invited to join the juniors program
- Complete the registration process.
- Be confident swimmers and be able to swim 25 metres.
- Be sailing above AS Start Sailing 2.
- Have the confidence to sail directly from the club pontoon in the company of a Juniors support boat.
- Have parents who have completed the induction course.
- Have parents who are prepared to join the Roster.

6.9. JUNIORS GEAR (WHAT TO BRING WITH THEM)

Juniors must wear:

- Lifejackets (supplied at club or their own).
- Booties or other appropriate footwear (at all times, including on deck).
- Hat (preferably with chin strap or string lock).
- Sunscreen.

Recommended gear includes:

- Wetsuits – optional but recommended for early-Spring or late- Autumn. Board Shorts may be worn over wetsuits to avoid damage.
- Alternatively, swimming costume/board shorts with Rashie (ideally long sleeve for sun protection and warmth).
- Drink Bottle (one you can afford to lose if they are carried in the boat).
- Bag (water-proof if possible).
- Sailing Gloves, Sunglasses.
- Towel and jumper or warm clothes to change into.

6.10. GREEN FLEET

Overview

This program aims to provide a fun and safe environment for young sailors to develop their skills. In order to bridge the move from sailing school to the racing fleet, our Green Fleet provides additional support for our novices. Under the close supervision of a dedicated coach children will initially sail Optimists and as they improve will move onto Pittwater Juniors, Manly Juniors and BICS.

The Green Fleet is an integral part of the Juniors program and runs entirely within the overall program, once on the water, the fleet is led by the dedicated coach in a series of training exercises and adventure activities.

All kids must have time sailing all of our 4 classes (Opti, PJ, MJ and BIC) before graduating from the Green Fleet.

With the agreement of the Senior Coach, the fleet will be introduced to racing with their own dedicated starts and shorter courses. At the conclusion of each season, parents may be provided with a report card and recommendations for next season.

6.11. BOAT AND FLEET ALLOCATIONS

At the seasons beginning the Green Fleet and Race Fleet coaches make boat allocations for each child. These allocations will be posted on the MYC web page and in the Team app.

Kids in the Green Fleet learn quickly, often they need new challenges, and new boats to sail. To meet their needs, reallocations may take place in early February. This will coincide with the usual intake of new recruits.

Standby

For kids who don't have their own boat and have had their club boat reallocated to a newcomer, don't despair, you may still be able to sail at MYC by means of the standby program.

Often a few kids don't turn up for sailing and the club boats lie idle. It seems only reasonable that we should make best use of our resources and so we have implemented the standby system. Enquire with the Deck Captains at the last minute and they may be able to allocate an unused boat.

6.12. PARENTAL PARTICIPATION

We know parents are busy and any extra, unnecessary work should be avoided. Over the years our management systems have been streamlined so that only essential tasks are undertaken. For example, we know that kids won't rig their boats unless supervised, that we are required to provide support boats, kids won't learn to sail properly unless they are coached and dinghy racing is not taken seriously unless the racing is conducted properly. These are the key elements that need to be done properly.

On the one hand, we are trying to reduce the workload on parents but on the other hand we are required to manage a wide range of issues to make sure our junior sailing program can go ahead safely and smoothly. The club needs to know exactly who is participating in our events, which coaches are rostered and in attendance, current weather conditions, other concerns and confirm what role each coach will undertake. The support boat allocation needs to be confirmed as well as checking that the sailing boats usage by participants is appropriate. We need to ensure parents are on duty to perform a range of management roles. Finally, the participants need to be briefed and given any relevant coaching instructions. The club provides the equipment and the professional instructors, but the parents must fill those minimum basic management positions required to make the Juniors program function.

The parental input falls into two broad categories: firstly, standing positions such as managing the instructors' roster or processing the race results. These tasks are ongoing for the entire season. The second type are rostered jobs such as Deck Captain or making the fuel run. These tasks are spread evenly between Green Fleet and Racing Fleet parents.

At every session for both Green and Racing Fleets:

Every child is required to have a parent to assist them to rig and unrig whether an allocated club boat or their own boat. This includes carrying, rigging, attending briefings, launching retrieving, de-rigging, washing and stowing.

Standing Positions

Race Directors are appointed for each of the Green and Racing Fleets. They are assisted by a team of parents and report to the Sailing Committee. A member of their team will be assigned to each of the following jobs.

Standing Positions	
Juniors Director	<ul style="list-style-type: none"> • Oversee all operations • Seek a list of recommended kids from the Sailing school and write to parents inviting them to enrol their kids • Allocate existing and new Green Fleet kids to boats • Parents induction
Parents Roster Officer	<ul style="list-style-type: none"> • Keep the duty roster updated, send out requests to fill positions. In the event of a short fall, inform the Green Fleet and Junior Sailing Directors as well as the Deck Captains.
Instructors Roster	<ul style="list-style-type: none"> • Seek instructors • Keep on file their qualifications • Keep a roster and attendance records • Inform the Deck Captains of any short falls
Race Results	<ul style="list-style-type: none"> • Collect Race results from Race Committees • Process Results • Publish Results • Compile for Presentation Night
Green Fleet Attendance	<ul style="list-style-type: none"> • Provide sign on sheets • Keep attendance records • Provide a summary
Registration Day	Organise: <ul style="list-style-type: none"> • Advertise / Remind • Process Forms • Cashier • Kids induction • Parents Induction • Sailing Assessments

Parents Roster

To ensure continuous and unbroken management and supervision of sailing activities by parents a roster has been developed and each sailing day parents are rostered onto the following positions: Deck Captains, Support boat crews, Race Committees and fuel duties. Parents may also be required at working bees, social events and for administrative duties.

Check the roster as soon as it is published and transfer your duties to your own personal diary. If you can't make a rostered day try and swap with another parent and if you just can't please contact the parents roster officer as early as possible.

If you have issues or suggestions talk to your fellow members – there's a lot of experience and it's likely someone has been there before or has similar ideas they want to develop. Communicate them to the Juniors Director. We want this program to evolve into something better each season.

The Roster can be found on the club's web page www.myc.org.au, Team App and will be emailed out weekly.

Parents Rostered Positions			
Position	Role / Job description	Green Fleet	Race Fleet
Deck Captain	This requires an on-time arrival to unlock and set-up as well as late finish to pack up. Captain remains on Deck during sail activities to man the radio (in case of emergencies), assist in receiving any early retirements and to co-ordinate parents for reception of the fleet at the end of the session. They also have a role to ensure the sign on and off sheets are completed properly and that boats are rigged in the correct place in accordance with the Deck Usage Plan.		✓
Support Boat Crew	The support boats to be used will be displayed in the boat usage plan and all skippers must hold a valid RMS boat licence. In addition, skippers must complete a short on-line course and test (see MYC website) prior to taking control of a MYC support boat. The crew is required to launch, prepare the support boat, support the coach or Race Committee as they require, lay and retrieve marks as direct and return the boat to storage.	✓	✓
Race Committee	All racing is conducted in accordance with the Racing Rules of Sailing. A Race Committee is led by an experienced Race Officer and has overall control of the race course but works closely with the coach to ensure all competitors are comfortably sailing the course. The team sets courses, starts and finishes races and collects results and manages the race course.	X	✓
Fuel Run	They refill fuel cans. No Ethanol! The Payment Reimbursement form is on the MYC website.		✓

Instructors Roster

Most kids won't learn to sail without well targeted and trained instructors. It is often difficult for parents to teach their own kids to sail, whereas young, but qualified instructors, seem to connect with youngsters saying to them that sailing is in fact fun. Accordingly, MYC employs qualified instructor from Australia and overseas to work with our Green and Race Fleets.

6.13. ON DECK MANAGEMENT

Our deck is the central focus of our sailing program but it is not big enough to rig, at one time, all the boats we hold in storage. In fact, we can't rig half the boats in storage and so we have to be clever; we need to use space efficiently and stagger our rig and launch times. For MYC it is a precious asset. Remember the deck is managed by the Deck Captains and users must do as they ask.

Deck Etiquette

If properly organised there's plenty of space on the deck. Be aware of the deck usage plan and make sure you are rigging at the right time and in the correct place. If you need to tilt your boat to access the mast, try to minimise the time the boat is tilted and hence reduce the disruption to others. Make sure your kids are on time for the briefings and launchings.

Launching support boats

The deck Captains should themselves; or better still organise other parents to launch the support boats so that the deck is freed up for rigging. If the spare boat is not being used it should be put into the position shown on the Where to Rig Plan. Once the boats are launched the inflatable boats dollies along with the PJ racks can be rolled back into the boat storage area to make room for rigging.

The deck and equipment usage plan

We have two plans, one that tells you when and another that tells you where to rig your boat. Often, not every boat scheduled to sail turns up, and if there is space and you want to start rigging early then that's fine, but if it becomes a full house you will have to give way.

The deck rigging plan is for normal days but on occasions we will have special events and a special rigging plan will be issued and posted on the official notice board. The plan shown below works well in south, easterly and north easterly wind but for other direction the plan may need modification. For these winds the deck captains will modify the layout but keeping the same general pattern.

Rigging boats

Arrive to sailing days with plenty of buffer time. Whatever can go wrong will go wrong at rigging time and it's better to have time to sort things out than rush equipment preparation. Make sure:

- The boat you are rigging is the one your coach wants you to sail.
- Ensure each boat is FULLY RIGGED prior to taking it onto the pontoon to avoid delays.
- The mast, boom, centre board and rudder need to be properly secured in case of a capsize.
- Make sure the bungs are fitted properly.

Fleet Launches

All boats need to be launched at the times stated in the deck usage plan. Each junior sailor is required to have a parent present to assist with the launching. Training each sailor on rudder/centreboard/sheet/launch routines will help speed up this process.

Fleet Retrieval

Unless otherwise announced (e.g. at the Sailor Briefing) all Parents should be back on the pontoon by the times shown in the deck usage plans. It's all hands-on deck and the process works best if everyone pitches in, don't wait until your own sailor arrives. Many hands make light work. Ultimately it is each parent's responsibility to ensure that their kids' boats are washed and returned to the racks.

Locking up

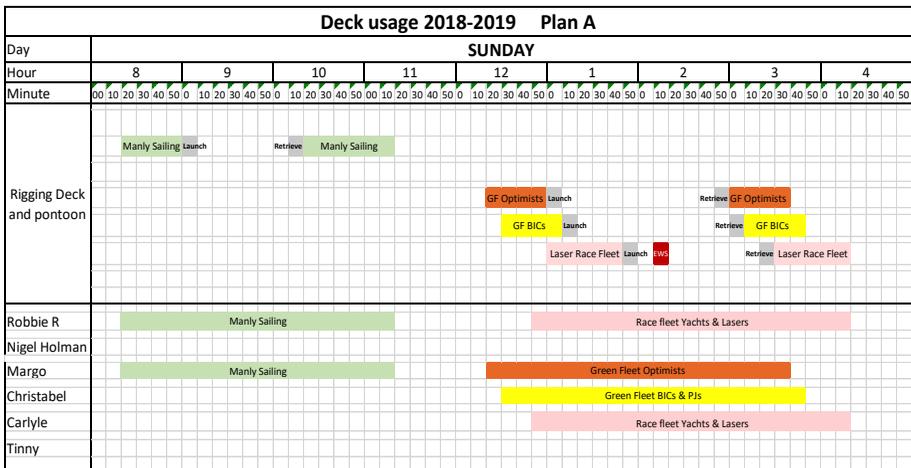
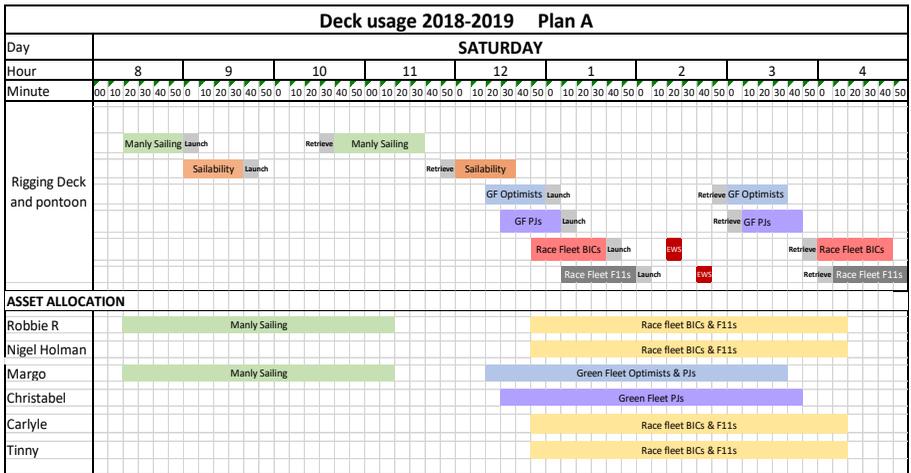
The club house contains a great many valuable boats and associated equipment and it needs to be locked up properly when not being used by its members. It is the Deck Captains job to open and close the building for the junior's program. They do not have to lock the building if they can confirm that another user will do the job.

Jumping and diving from the wharf

Statistics show that jumping and diving into uncontrolled water is very dangerous and a risk assessment of our sailing program has identified diving from the MYC wharf as the most dangerous activity at the club. **The MYC Board has banned jumping and diving from the wharf** and requires parents to be proactive in enforcing this rule. For more information see Section 4.3 MYC Wharf and Jetty section of this handbook.

Deck and Equipment Usage Plans

Here is when to rig, launch and retrieve and unrig.



Here is a handy summary of the deck usage plans that can be used by parents and deck Captains to make sure the events are on time.

Deck usage 2017-18 Plan C Draft									
	Saturday					Sunday			
Deck Available	Manly Sailing	Sailability	GF Optimists	GF PJs	Race Fleet	Manly Sailing	GF Optimists	GF BICs	Lasers
Deck Captain Arrives				12:20			12:20		
Deck Available	8:00	9:00	12:20	12:30	12:50	8:00	12:20	12:30	1:00
Coach/Support Boat Briefing			12:30	12:30	1:10		12:30	12:30	
Sailor Briefing			12:45	12:45	1:20		12:45	12:45	
Fleet Launch	9:00	10:00	1:00	1:10	1:40	9:00	1:00	1:10	1:30
Earliest possible warning					2:20				2:10
Fleet Retrieval: all hands-on deck	10:30	11:30	~3:00	~3:10	~4:15	10:30	~3:00	~3:10	4:00
De-Briefing			3:30	3:30	4:30		3:30	3:30	
All boats on deck ready for next user	11:30					11:30			
All boats washed and put away		12:30	4:00	4:00	5:30		4:00	4:00	5:00
Lock-up, Deck Captain departs				5:45			4:15		

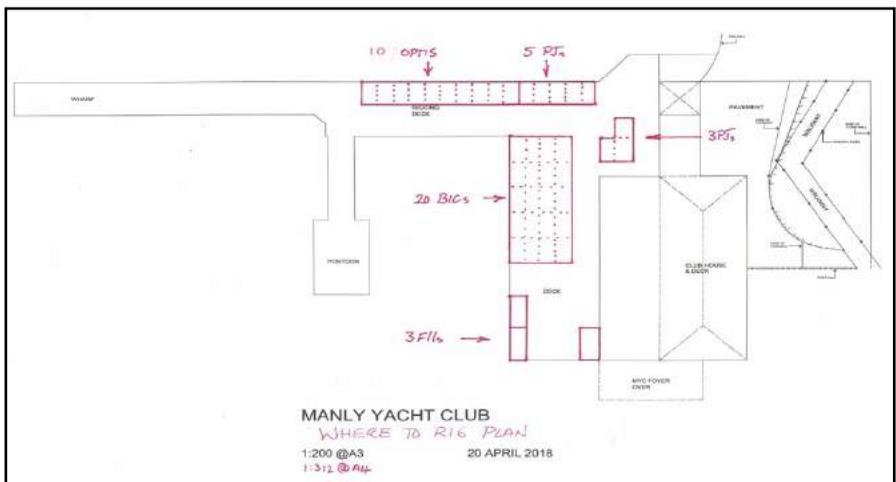
Note:

Users can access the rigging deck and pontoon outside their designated times, but they must give way to those rigging / unrigging during their designated time

LEGEND FOR SATURDAY AND SUNDAY DECK USAGE AND STORAGE

GF Optimists	Green Fleet straight from Sailing school and sailing on SATURDAY pm in Optis and PJs	EWS	Earliest Warning Signal	C'BIC	Bic Sports boat, club owned
GF PJs	Those remaining in Green Fleet from last season and sailing on SATURDAY pm in PJs	Manly Sailing	Manly sailing School	P'BIC	BIC Sports boat, privately owned
Race Fleet BICs	Kids that have completed the Green Fleet and now racing on SATURDAY pm in BICs	Sailability	Manly Sailability	F11	Flying Eleven Sailing Dinghy, club owned
Race Fleet F11s	Kids that have completed the Green Fleet and now racing on SATURDAY pm in F11s	RR	MYC Support boat Robbie R	Opti	Optimist sailing dinghy, club owned
GF Optimists	Green Fleet straight from Sailing school and sailing on SUNDAY pm in Optis and PJs	NH	MYC Support Boat Nigel Holman	PJ	Pittwater Junior sailing dinghy, club owned
GF BICs	Those remaining in Green Fleet from last season and sailing on SUNDAY pm in PJs & BICs	C'le	MYC Committee boat Carlyle	MJ	Manly Junior sailing dinghy, club owned
Laser Race Fleet	Senior Laser Race Fleet sailing on SUNDAY	M'go	MYC Support boat Margo	RD	MYC Rigging Deck
		C'bel	MYC Support boat Christabel		
		Tinny	MYC Support boat Tinny		

And here is plan showing where to rig.



On Water Management

On a typical Saturday we can expect up to 44 boats on the water while on Sundays with the yachts sailing we could have over 60 boats and 140 people. Usually the racing fleets are managed by the Race Officers and the Green Fleet by the most senior instructor. Under normal conditions we have more than enough support boats to manage the fleets and they can operate independently. However, on some occasions breakdowns or weather may intervene and require a redeployment of resources. It should be noted that redeployment may need to happen between the Green and Racing Fleets including the laser or yacht fleets.

In these rare circumstances experience has shown that it is best to have a central command to meet the needs of all of our sailors. If a race committee is in attendance then the race officer will take responsibility for all on water management. If a race committee is not present then the most senior coach will take over the on-water management role. The on-water manager may vary the Deck and Equipment Plan.

Support Boats

The club owns the following support boats:

Boat	Description	Usage	Call sign	Capacity
Margo	Rigid Inflatable Boat	Support/coach	Margo	2 adults
Christabel	Rigid Inflatable Boat	Support/coach	Christabel	2 adults
Nigel Holman	Centre console RIB	Coach for F11s	Nigel H	3 adults
Robbie R	Aluminium workboat	Mark laying	Robbie R	8 adults
Charlie's Chariot*	Aluminium workboat	Support/marks laying	Cha Cha	3 adults
Carlyle	Half cabin launch	Start boat	Carlyle	4 adults

* Owned by Manly Sailability but loaned to MYC if required

These boats are dedicated to various purposes in the Deck and Equipment Plan.

Abandonment of Sailing

Weather, equipment failure or other events may necessitate sailing to be abandoned.

The decision whether or not to launch will be made by the head instructor for each fleet. An announcement will be made on the deck at about the time it becomes available for the particular fleet. In the event of severe weather forecasts the decision to abandon maybe made after the 5pm forecast on the previous day and messaged to parents as a text or email.

The decision to abandon may also be made on the water if conditions become unexpectedly difficult. For the race fleet this will be signalled in the usual way according to the RRS by the race committee and for the Green Fleets the decision will be made by the senior instructor and conveyed to the boats by the instructors and parents.

Sign-on/off

For a variety of reasons from just knowing how well our services are being used, to the serious matter of responding to an on-water incident, the club needs to know who is participating in its events. Both the Green and Race Fleets need to sign on and off and this includes noting their sail number if appropriate.

To avoid confusion about who is sailing which club boat, please note the sail number you have taken on the sign on sheet. For ease of collecting results Race Fleet competitors will be allocated a specific sail number each season.

Coaches/Support Boat Briefing

To plan the day's activities properly and to respond to special circumstances, particularly the weather, Deck Captains, Coaches and Support Boat Drivers need to meet briefly before the on-water activities commence. They should confirm the program for the day, consider the latest weather forecasts and any special participants requirements, support boat availability etc.

Sailor Briefing

The sailors briefing for each fleet will be held on the deck, in the foyer or boat storage area at the times shown in the deck usage table. They confirm the program for the day, consider the latest weather forecasts and provide an opportunity for the coaches to lead the kids through the days program.

Damaged Club Boats

The club acknowledges the need for routine maintenance and also that damage to boats and equipment will occur from time to time. Of course, repeat offenders will be investigated but otherwise occasional damage simply needs to be repaired. If no action is taken then Manly Yacht Club and or Manly Sailing's program will be disrupted when the boats are next used.

The repair process is started by recording the damage, firstly on the white board in the storage area near Nigel Holman, and then by sending an email ASAP to the Boat and Equipment Director wildlife@iinet.net.au and to info@manlysailing.com.au These emails will warn other boat users that the boats are unserviceable, allowing them as much time as possible to make alternate arrangements.

Other Club Members and Users

Juniors are one of many stakeholders in MYC. We share responsibility for the safe operation and maintenance of the club and to operate with courtesy towards all members. Events are scheduled and rigging times are staggered so that there should be enough room and opportunity for all of us to sail. However, from time to time things can go wrong and we all have to give way a little and make things work.

6.14. Calendar of Events

The full list of events can be found in Section 5.7 MYC Calendar of this handbook. Below is a more detailed legend than accompanies the calendar.

Event	Description
CC1	Club Championship Round 1, prestige series runs throughout the whole season
SPS 2&3	Spring Points Score Rounds 2 & 3 (these would be raced on same day)
APS6	Autumn Point Score Round 6
PR	Pursuit Race, Handicap-start single events (not a series), often held during holidays
MR	Mini Regatta, a sequence of multiple, shorter races on a single day
NOR / SI	Notice of Race / Sailing Instructions
HC / HPS	Handicap / Handicap Point Score

